



HALLECK HOLISTIC HEALTH, PS

Dr. Maria L. Putney

208 Halleck Street, Suite 101

Bellingham, WA 98225

Ph: 360.325.8976 Fax: 360.922.7086

### Office Policies

**Telephone Appointment Policy:** *I understand that I may contact the office at any time to request information or assistance. Dr. Putney will call me back in a timely manner. I understand that if a specific time is set aside for a telephone consultation with Dr. Putney regarding medical concerns or questions, that there will be a charge for this consultation, and in some cases my health insurance will be billed accordingly. I understand that scheduling a time for a telephone consultations means that Dr. Putney sets aside time where she is unavailable to see patients.*

**Cancellation Policy:** *I understand that if I fail to give 24 hours notice of cancellation I will be required to pay 100% of the appointment charges. If unforeseen circumstances occur, I will let the office know. I understand that my adequate notice allows other who need care to make appointments.*

**Responsibility For Payment of Account:** *I am responsible for payment for services rendered and pharmacy items received from this clinic, whether or not my insurance company pays. I will pay a per month finance charge on any balances left unpaid where by myself or my insurance company. Methods of payment available to me include cash, check, money order, Visa or Mastercard. I understand there is a \$30.00 charge on NSF (returned) check.*

#### Insurance Information

Name on Insurance Card \_\_\_\_\_ Date of Birth \_\_\_\_\_

Primary Insurance \_\_\_\_\_ ID# \_\_\_\_\_ Group# \_\_\_\_\_

Employer \_\_\_\_\_

If No insurance please check

Date: \_\_\_\_\_

Name: \_\_\_\_\_ Social Security Number \_\_\_\_\_

\_\_\_\_\_  
Signature

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_

E-mail address \_\_\_\_\_

Relationship to Patient: Self      Parent      Other



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### Medical Record Release Form

Patient Name: \_\_\_\_\_ Address: \_\_\_\_\_

Phone: \_\_\_\_\_ - \_\_\_\_\_ Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_

As required by the Privacy Regulations, Dr. Maria L Putney may not use or disclose your protected health information except as provided in our Notice of Privacy Practices without your authorization.

<b>From:</b> Clinic/Dr: _____ Address: _____ _____ Phone: _____ Fax: _____	<b>TO: Halleck Holistic Health, PS</b> Dr. Maria Putney Address: 208 Halleck St., Ste 101 Bellingham, WA 98226-5708 Ph: 360-325-8976 Fax: 360-922-7086
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By **initialing** the spaces below, I authorize the release of the following records, if such records exist:

- Entire medical record       Progress notes       Laboratory report  
 Pathology reports       EKG       X-ray  
 Operative report       Other, Please be specific: \_\_\_\_\_

The following items must be <b>initialed</b> to be included in other documents: <input type="checkbox"/> HIV/AIDS related record <input type="checkbox"/> Mental Health records <input type="checkbox"/> Drug/Alcohol diagnosis, treatment or referral information <input type="checkbox"/> Genetic testing information  (Federal regulations require a description of how much information and what kind of information is to be disclosed). Describe _____
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For the specific purpose of (describe in detail):

This authorization will expire **180 days** from the date of signing. I understand that the information disclosed above may be re-disclosed to additional parties and no longer protected for reasons beyond our control.

**I understand I have the right to:**

1. Revoke this authorization by sending written notice to this office and that revocation will not affect this office's previous reliance on the uses or disclosure pursuant to this authorization.
2. Knowledge of any remuneration involved due to any marketing activity as allowed by this authorization, and as a result of this authorization.
3. Inspect a copy of Patient Health Information being used or disclosed under federal law.
4. Refuse to sign this authorization.
5. Receive a copy of this authorization.
6. Restrict what is disclosed with this authorization.
7. I also understand that if I do not sign this document, it will not condition my treatment, payment, enrollment in a health plan, or eligibility for benefits whether or not I provide authorization to use or disclose protected patient health information.

Signature \_\_\_\_\_

Date: \_\_\_\_\_



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## ***Non-Covered Service Agreement for Insurance Coverage***

I, \_\_\_\_\_ being a patient of **Dr. Maria L. Putney**, located at **208 Halleck Street, Suite 101 Bellingham, WA** do hereby acknowledge that it has been explained to me the following services may not be covered by the benefits available to me under the terms of my Health Plan or Insurance Policy:

*Office Visits*

*Home Visits*

*Infusions: IV therapy*

*Injections*

*Panels for Allergy and Heavy Metal Testing*

*Comprehensive Stool Analysis Testing*

*Occult Blood Testing*

*Ear Irrigation*

*Massage Therapy*

***I acknowledge that I have been told, in advance of treatment, that my care might not be covered by my health plan/insurance policy, and I agree to make financial arrangement and or full payment with my practitioner to pay for these services.***

Date: \_\_\_\_\_

Patient's Signature: \_\_\_\_\_

Patient's Printed Name: \_\_\_\_\_



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## HIPPA FORM

### **Statement of Privacy Practice**

*We at Dr. Maria Putney's are dedicated to protect the privacy of our patients and the confidential information entrusted to us. The commitment of each employee to ensure that your health information is never compromised is a principle concept of our practice. We may from time to time amend our privacy policies and practices but will always inform you of any changes that might affect your rights.*

### **Protecting Your Personal Healthcare Information**

*Your Personal health information will never be given to anyone—even family members—without your written consent. You, of course, may give written authorization for us to disclose your information to anyone you choose, for any purpose.*

### **Collecting Protected Health Information**

*We will only request personal information needed to provide our standard of quality care, implement payment activities, conduct normal practice operations, and comply with the law. This may include your name, address, telephone number(s), Social Security Number, insurance information, medical history, health record, etc. While most of the information will be collected from you, we may obtain information from third parties if it is deemed necessary. Regardless of the source, your personal information will always be protected to the full extent of the law.*

### **Disclosure of Your Protected Health Information**

*As Stated above, we may disclose information as required by law. We are obligated to provide information to law enforcement and government officials under certain circumstances. We will not use your information for marketing purposes. We may use and/or disclose your health information to communicate reminders about appointments, this includes voicemail messages, answering machines, and postcards.*

### **Patients Rights**

*You have the right to request copies of your healthcare information.*

We thank you for being a patient here at Dr. Putney's. Please let us know if you have any questions concerning your privacy rights and the protection of your personal health information.

### **I have read, understood and received a copy of this Statement of Privacy Practices**

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Signature

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Date

**Medical Intake Form**

Today's Date \_\_\_\_\_

Name: \_\_\_\_\_

Occupation: \_\_\_\_\_

Sex: F or M (circle one)

Employer: \_\_\_\_\_

Age: \_\_\_ Date of Birth: \_\_\_\_\_

Work Ph: \_\_\_\_\_

Email: \_\_\_\_\_

Emergency Contact Ph: \_\_\_\_\_

Cell Ph: \_\_\_\_\_

Contact Person: \_\_\_\_\_

Home Ph: \_\_\_\_\_

Marital status: \_\_\_\_\_

Home Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip code: \_\_\_\_\_

*If patient is under 18 years of age:*

Legal Guardian: \_\_\_\_\_

Relation: \_\_\_\_\_

Phone: \_\_\_\_\_

**Medical History**

**Health Priorities: List your main health priorities/concerns in order of importance**

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

Please list any medical conditions, illnesses, surgeries, complications, or reasons for past hospitalizations

Other Medical Conditions	Date of Diagnosis	Is the condition still present?	Symptoms/Complications

Please list all current medications/supplements

Medication/Supplement	Dose/Frequency	Prescribing Physician	Length of Use

Please list any allergies and /or Food Sensitivities

Allergy/Food Sensitivity	Symptoms

How many times have you taken antibiotics within the last 5 years\_\_\_\_\_

Were you frequently given antibiotics as a child?\_\_\_\_\_

Have you had any adverse reactions from any vaccinations?\_\_\_\_\_

**Do you use any of the following?**

<b>Substances</b>	<b>Circle One</b>	<b>How much/How often/form</b>
Alcohol	Yes No	
Tobacco	Yes No	
Cannabis/Marijuana	Yes No	
Recreational Drugs	Yes No	
Caffeine	Yes No	
Aspirin/Ibuprofen/NSAIDS	Yes No	
Antacids	Yes No	
Diet Pills	Yes No	
Laxatives	Yes No	
Birth Control Pills/Implants/Injections	Yes No	

**Please indicate which of the following screening tests you have received**

<b>Test</b>	<b>Circle One</b>	<b>How Often/Recent Date</b>
Mammogram/Thermography	Yes No Never	
Self Breast Exam	Yes No Never	
Bone Density Scan	Yes No Never	
Pap Smear	Yes No Never	
Digital Rectal Exam: Prostate	Yes No Never	
PSA: prostate surface antigen blood test	Yes No Never	
Cholesterol levels	Yes No Never	
Blood Glucose	Yes No Never	
Diagnostic Imaging: X-ray, CT, MRI, Ultrasound	Yes No Never	
EKG or EEG	Yes No Never	

**Family History:**

**Indicate if any family member has had any of the following**

<b>Illness</b>	<b>Circle One</b>	<b>Family Member</b>
Allergies	Yes No	
Asthma	Yes No	
Diabetes	Yes No	
Heart Disease	Yes No	
High Blood Pressure	Yes No	
Kidney Disease	Yes No	
Cancer	Yes No	
Depression	Yes No	
Other Mental Illness	Yes No	
Infertility	Yes No	
Other:	Yes No	

# Personal Medical History

Current Previous

Current Previous

Current Previous

<p><b>General Symptoms</b></p> <p>Loss of consciousness <input type="checkbox"/> <input type="checkbox"/></p> <p>Numbness/Tingling <input type="checkbox"/> <input type="checkbox"/></p> <p>Fever <input type="checkbox"/> <input type="checkbox"/></p> <p>Sweats <input type="checkbox"/> <input type="checkbox"/></p> <p>Fainting <input type="checkbox"/> <input type="checkbox"/></p> <p>Dizziness <input type="checkbox"/> <input type="checkbox"/></p> <p>Loss of Sleep <input type="checkbox"/> <input type="checkbox"/></p> <p>Frequent Cold/Flu <input type="checkbox"/> <input type="checkbox"/></p> <p>Loss of Weight <input type="checkbox"/> <input type="checkbox"/></p> <p><b>Head/Neck</b></p> <p>Headaches <input type="checkbox"/> <input type="checkbox"/></p> <p>Type: _____</p> <p>Vision Problems <input type="checkbox"/> <input type="checkbox"/></p> <p>TMJ concerns <input type="checkbox"/> <input type="checkbox"/></p> <p>Earaches <input type="checkbox"/> <input type="checkbox"/></p> <p>Hearing Loss <input type="checkbox"/> <input type="checkbox"/></p> <p>Sinus problems <input type="checkbox"/> <input type="checkbox"/></p> <p>Difficulty Swallowing <input type="checkbox"/> <input type="checkbox"/></p> <p><b>Skin</b></p> <p>Rashes/Eczema <input type="checkbox"/> <input type="checkbox"/></p> <p>Itching <input type="checkbox"/> <input type="checkbox"/></p> <p>Bruise easily <input type="checkbox"/> <input type="checkbox"/></p> <p>Dryness <input type="checkbox"/> <input type="checkbox"/></p> <p>Boils <input type="checkbox"/> <input type="checkbox"/></p> <p>Hives <input type="checkbox"/> <input type="checkbox"/></p> <p>Contagious disease <input type="checkbox"/> <input type="checkbox"/></p> <p><b>Respiratory</b></p> <p>Chronic Cough <input type="checkbox"/> <input type="checkbox"/></p> <p>Shortness of Breath <input type="checkbox"/> <input type="checkbox"/></p> <p>Smoking <input type="checkbox"/> <input type="checkbox"/></p> <p>If yes, how many Years _____</p> <p>If quit, when _____</p> <p>Breathing problems <input type="checkbox"/> <input type="checkbox"/></p> <p>Asthma/Bronchitis <input type="checkbox"/> <input type="checkbox"/></p>	<p><b>Cardiovascular</b></p> <p>High Blood Pressure <input type="checkbox"/> <input type="checkbox"/></p> <p>Low Blood Pressure <input type="checkbox"/> <input type="checkbox"/></p> <p>Bleeding disorders <input type="checkbox"/> <input type="checkbox"/></p> <p>Chest pain <input type="checkbox"/> <input type="checkbox"/></p> <p>Stroke <input type="checkbox"/> <input type="checkbox"/></p> <p>Artery Hardening <input type="checkbox"/> <input type="checkbox"/></p> <p>Varicose veins <input type="checkbox"/> <input type="checkbox"/></p> <p>Swelling in ankles <input type="checkbox"/> <input type="checkbox"/></p> <p>Swelling in face <input type="checkbox"/> <input type="checkbox"/></p> <p>Poor circulation <input type="checkbox"/> <input type="checkbox"/></p> <p>Angina <input type="checkbox"/> <input type="checkbox"/></p> <p>Heart disease <input type="checkbox"/> <input type="checkbox"/></p> <p><b>Genitourinary</b></p> <p>Trouble urinating <input type="checkbox"/> <input type="checkbox"/></p> <p>Blood in urine <input type="checkbox"/> <input type="checkbox"/></p> <p>Kidney infections <input type="checkbox"/> <input type="checkbox"/></p> <p>Kindey stones <input type="checkbox"/> <input type="checkbox"/></p> <p>Prostate trouble <input type="checkbox"/> <input type="checkbox"/></p> <p><b>Gastrointestinal</b></p> <p>Poor digestion <input type="checkbox"/> <input type="checkbox"/></p> <p>Indigestion <input type="checkbox"/> <input type="checkbox"/></p> <p>Excessive hunger <input type="checkbox"/> <input type="checkbox"/></p> <p>Belching or gas <input type="checkbox"/> <input type="checkbox"/></p> <p>Nausea/vomiting <input type="checkbox"/> <input type="checkbox"/></p> <p>Abdominal pain <input type="checkbox"/> <input type="checkbox"/></p> <p>Constipation <input type="checkbox"/> <input type="checkbox"/></p> <p>Diarrhea <input type="checkbox"/> <input type="checkbox"/></p> <p>Hemorrhoids <input type="checkbox"/> <input type="checkbox"/></p> <p>Liver concerns <input type="checkbox"/> <input type="checkbox"/></p> <p>Gall bladder trouble <input type="checkbox"/> <input type="checkbox"/></p> <p>Ulcer <input type="checkbox"/> <input type="checkbox"/></p> <p><b>Endocrinology</b></p> <p>Thyroid problems <input type="checkbox"/> <input type="checkbox"/></p> <p>Diabetes Typel <input type="checkbox"/> <input type="checkbox"/></p> <p>Diabetes Type II <input type="checkbox"/> <input type="checkbox"/></p>	<p><b>Infections/Illnesses</b></p> <p>Herpes <small>circle one</small> <input type="checkbox"/> <input type="checkbox"/></p> <p>Hepatitis (Type A, B, C) <input type="checkbox"/> <input type="checkbox"/></p> <p>TB <input type="checkbox"/> <input type="checkbox"/></p> <p>HIV/AIDS <input type="checkbox"/> <input type="checkbox"/></p> <p>Cancer <input type="checkbox"/> <input type="checkbox"/></p> <p>Autoimmune Disease <input type="checkbox"/> <input type="checkbox"/></p> <p>Allergies <input type="checkbox"/> <input type="checkbox"/></p> <p><b>Muscles/Joints</b></p> <p>Stiff neck <input type="checkbox"/> <input type="checkbox"/></p> <p>Backache <input type="checkbox"/> <input type="checkbox"/></p> <p>Swollen joints <input type="checkbox"/> <input type="checkbox"/></p> <p>Painful tail bone <input type="checkbox"/> <input type="checkbox"/></p> <p>Foot trouble (L/R) <input type="checkbox"/> <input type="checkbox"/></p> <p>Shoulder pain( L/R) <input type="checkbox"/> <input type="checkbox"/></p> <p>Elbow pain(L/R) <input type="checkbox"/> <input type="checkbox"/></p> <p>Wrist pain(L/R) <input type="checkbox"/> <input type="checkbox"/></p> <p>Hip pain(L/R) <input type="checkbox"/> <input type="checkbox"/></p> <p>Knee pain(L/R) <input type="checkbox"/> <input type="checkbox"/></p> <p>Arthritis <input type="checkbox"/> <input type="checkbox"/></p> <p>Weakness <input type="checkbox"/> <input type="checkbox"/></p> <p>Loss of strength <input type="checkbox"/> <input type="checkbox"/></p> <p><b>Women's Health</b></p> <p>Painful menstruation <input type="checkbox"/> <input type="checkbox"/></p> <p>Excessive Flow <input type="checkbox"/> <input type="checkbox"/></p> <p>Hot Flashes <input type="checkbox"/> <input type="checkbox"/></p> <p>Vaginal Dryness <input type="checkbox"/> <input type="checkbox"/></p> <p>Irregular cycle <input type="checkbox"/> <input type="checkbox"/></p> <p>Vaginal discharge <input type="checkbox"/> <input type="checkbox"/></p> <p>Cramps/backache <input type="checkbox"/> <input type="checkbox"/></p> <p>Swollen breasts <input type="checkbox"/> <input type="checkbox"/></p> <p>Lump in breast <input type="checkbox"/> <input type="checkbox"/></p> <p>Are you pregnant? Yes <input type="checkbox"/> No <input type="checkbox"/></p> <p>On birth control? Yes <input type="checkbox"/> No <input type="checkbox"/></p> <p># of Pregnancies _____</p> <p># of Children _____</p>
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Please list anything not covered

above: \_\_\_\_\_



**Lifestyle:**

Do You exercise? \_\_\_\_\_ How often? \_\_\_\_\_

Water intake? \_\_\_\_\_ oz/day

Typical Diet:

Breakfast: \_\_\_\_\_

Lunch: \_\_\_\_\_

Dinner: \_\_\_\_\_

Snacks: \_\_\_\_\_

Cravings: \_\_\_\_\_

Have you recently gained or lost weight (circle one) Yes No If yes, over what time period? \_\_\_\_\_

Weight gained/lost \_\_\_\_\_ lbs.

Hobbies: \_\_\_\_\_

Traveled outside the US? Please list locations and year \_\_\_\_\_  
\_\_\_\_\_

Is there anything that you feel is important that has not been covered? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Where did you learn about this clinic?**

Friend/Family name: \_\_\_\_\_

Referral from another Medical Healthcare Provider: \_\_\_\_\_

Internet:

Dr. Putney's Webpage

Facebook

Google/other search engines

Other: \_\_\_\_\_